

Southeast Region HHI Activity Report- August 2012

Ashley- The New Trends in Tobacco along with an Injury Prevention presentation was given to the IHS staff at their August staff meeting.

The Local Health Unit has started a coupon campaign collecting food coupons to assist in buying food for the food pantry.

Arkansas- On August 4th, a Back to School Extravaganza was held at Cain Park in Stuttgart. Rosemary Withers and Juanita Buckmaster partnered with the THRIVE program for this event. Various health related topics were covered during this event.

Nutritional and SOS information was provided to the Missionary Baptist Church in Dewitt on August 18th as part of their health ministries.

Chicot- A Zumba class was held at the Central Baptist Church in Lake Village in August. SOS bracelets were distributed at this event.

On August 11th, a Back to School event was held at Lil Jacob Learning Center. Injury Prevention material was distributed.

Cleveland- Back to School Bash packets were distributed to the 77 community members present at the August 9th event. The packets included rulers, crayons, erasers, markers and an Act 811 activity booklet.

The MATCH data was presented at their August Coalition meeting.

Desha- On August 6th, D-HHIP provided the Chamber of Commerce in Arkansas City 15 blood pressure, diabetes and cholesterol checks. The screenings were done by DHEC South. The self check blood pressure machine was also demonstrated to those that attended.

A Safety Baby Shower was held on August 7th. This was a partnership between D-HHIP and Delta Memorial Hospital. There were 9 in attendance. A brief introduction was provided on the Mom and Me program along with various safety presentations.

On August 14th, D-HHIP celebrated their 10 years worth of accomplishments in Desha County. The Coalition was presented with their banner from ARCOP for their efforts with the Growing Healthy Community's endeavors.

Lee- A Back to School bash was held on August 18th at the Lee County Cooperative Clinic. This was a partnership with Lee County HHI to provide back to school items to the 331 individuals that attended.

Lincoln- On August 1st, a Senior Health Fair was held in Star City. Lincoln County Cooperative Extension partnered with HHI to provide this event to the 102 community members present.

Advertising will begin in September for the opening of the counties new farmers market that will open on October 6th. The market will be open on the first Saturday of each month from 8-12.

The Star City Fitness Center that has just opened will be offering Zumba classes to various age groups in the community.

On August 30th, a “Know Your Numbers” event was held at School Apparel and C&L Electric in Star City. Over 100 individuals were screened for hypertension at these two locations.

Department of Human Services began a Re-Shape yourself program in August.

Phillips- The US Department of Health and Human Services awarded East Arkansas Family Health Center with a grant in the amount of \$650,000 for a CHC in Phillips County.

Prairie- On August 3rd, Donna Speight provided the borrowed fruit and vegetable costumes and provided them to the cafeteria workers at the Des Arc Elementary School. The workers wore the costumes and discussed MyPlate and the importance of eating a balanced diet filled with fruits and vegetables.

On August 6th & 7th, a preschool screening event was held in Des Arc and Hazen. Physicals, immunizations, LHU services, along with injury prevention and tobacco prevention and cessation information were available to those that attended.

CHNS/CHPS- On August 2nd, Rosemary Withers, Community Health Promotion Specialist, participated in a health fair with the Jefferson County Cooperative Extension to provide educational information to the public.

Lisa England, Community Health Nurse Specialist, provided the cafeteria workers at the Rison School District various educational presentations at their faculty in-service on August 14th. Kaye Murry, HHI Manager, provided the staff with a presentation on Stress Management. She also provided the group with information on heart attack warning signs, injury prevention and stroke awareness.

Juanita Buckmaster, Community Health Nurse Specialist, set up a tobacco prevention and cessation education resource table at the Waterfront Pavilion in Pine Bluff on August 2nd. This was a partnership with the Cooperative Extension Service.